



03 DAYS INTER DISTRICT/DISTRICT LEVEL NSS YOUTH LEADERSHIP TRAINING CAMP (15TH NOVEMBER TO 17TH NOVEMBER 2025)

Organised by

NSS UNIT, NIMAPARA (A) COLLEGE

Under **Utkal University**

Sponsored by **Dept. Of Higher Education, Govt. Of odisha**



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 Nimapara Autonomous college,
Nimapada, Puri

Introduction:

The morning started with registration of participants followed by refreshment and self-introduction of participants. Event started with welcoming guests on the dais, lamp lightening and guest lectures. Three teaching learning sessions were conducted for the participants along with other activities. The details of first day are as follows:

Registration & Accommodation:

Registration began as volunteers from various colleges arrived. The process was handled by college staff Shree Biswajit Padhi, assisted by volunteers Priyanshita Dash, Subrat Barik, Ankit Kumar Panda, and Gayatri Tripathy.

From our college and various other colleges, program officers and volunteers participated in the event, bringing the total number of participants to 134.

Accommodation was arranged in college classrooms converted into proper living spaces. (Formanagement and supervision: Boys' accommodation: Subrat Rout, Kanhei Behera and Kanha Dalai Girls' accommodation: Smruti Prajna and Priyadarshini Pradhan were appointed)

All participants were provided team-cooked tiffins upon arrival.



INAUGURATION CEREMONY (NSS Block Premises)

The NSS Unit of Nimapara Autonomous College successfully organized the Inaugural Ceremony for the Three-Day District/Inter-District Level NSS Volunteers' Training Camp on 15/11/2025. The event was executed with commendable discipline and dignity, featuring high-profile participation from the Department of Higher Education, esteemed NSS functionaries, and academic leadership. The ceremony effectively set an inspiring and dedicated tone for the volunteers' forthcoming training.

The presence of the following dignitaries elevated the significance of the event:

Chief Guest: Dr. Ramesh Chandra Behera, SNO - CUM Deputy Secretary, Department of Higher Education, Govt. of Odisha.

Guest of Honour: Shri Nirad Baran Khuntia, Trainer, ETI, NSS, and former Programme Officer, Nimapara Autonomous College,

Chief Speaker: Smt. Puspita Rajguru, former Principal, Nimapara Autonomous College.

Presiding Officer: Smt. Amita Mahanayak, Principal, Nimapara Autonomous College.

The ceremony adhered strictly to NSS protocols and traditional values, ensuring a solemn and dignified start:



The proceedings commenced with the hoisting of the NSS flag, followed by the playing of the NSS song.

The distinguished guests were formally welcomed by the volunteers using the traditional NSS clap.

Dr. Bishnu Prasad Sahoo, Programme Officer of the NSS Unit, provided the formal welcome address and introduced the dignitaries.

The programme was formally inaugurated through the ceremonial lighting of the lamp, complemented by traditional rituals including Tulasi Pujan.

An ancillary Craft Exhibition, showcasing the artistic skills and creative works of the NSS volunteers, was highly appreciated by all dignitaries.

Dr. Ramesh Chandra Behera, SNO-Deputy Secretary, delivered a compelling inaugural address. He specifically motivated the young volunteers to uphold values of honesty, discipline, and sincerity, urging them to channel their energy toward constructive nation-building activities and dedicated social service. He concluded by conveying the Department's best wishes for the comprehensive success of the training camp.

Smt. Puspita Rajguru delivered a powerful address that significantly reinforced the spirit of service and commitment among the participating NSS volunteers from various colleges.

The Inaugural Ceremony concluded successfully with the formal felicitation of all attending dignitaries for their valuable time and inspiration. The event has successfully galvanized the NSS volunteers, ensuring they embark on the training camp with renewed dedication towards the motto of "Not Me, But You."



TEACHING LEARNING SESSIONS

Dr. Rabindranath Padhi, Former PO, NSS, Nimapara Auto. College on Topic "Participation of Volunteers in Environmental and Disaster Management". He advised Volunteers to actively participate in environmental conservation and disaster management activities through campus cleanliness drives, tree plantation, awareness campaigns, and training in sustainable practices. he also discussed on disaster preparedness by attending first aid and fire safety training, supporting cyclone and flood relief, and conducting safety awareness programmes. Their involvement strengthened community resilience, improved campus hygiene, and promoted eco-friendly habits. The initiative enhanced students' leadership, teamwork, and civic responsibility while contributing to sustainable development and better coordination with local authorities. Overall, volunteer participation played a vital role in promoting environmental protection and disaster readiness.

Sree Manoj Kumar Tripathi, DCPO (District Child Protection Officer) on Topic "Child Protection".

He discussed about child protection to ensures the safety, rights, and well-being of children by preventing abuse, neglect, and exploitation. He advised to conduct more Awareness programmes, counselling sessions, community vigilance activities, and coordination with authorities help to create a secure environment. He requested Volunteers to identify risks, supporting affected children, and promoting a safe, nurturing society.



Nirod Baran Khuntia, on the topic “From Self to Society: Cultivating Empathy and Social Sensitivity through Volunteering.”v

He focused on developing compassion, responsibility, and social awareness among students. He advised volunteers to engage in community service, awareness drives, and support activities for marginalized groups. These experiences would help them understand real-life social challenges, build teamwork and leadership skills, and develop a sense of civic duty. According to his experience, through direct interaction with communities, students became more inclusive, empathetic, and solution-oriented. This kind of initiative would help to transformed individual perspectives, encouraging participants to contribute positively to society and strengthening the institution’s commitment to holistic social development.

QUIZ COMPETITION

A quiz competition was conducted in the Gallery Hall, coordinated by the authorities. The quiz PPT was prepared by former leaders Mitesh Pradhan and Tapan Kumar Pradhan, and the questions were displayed through a smart board.

Participation: Approximately 70 volunteers

CULTURAL EVENING

The cultural evening, held in the Main Block Open Pandal, was organised by the host college.

Anchor: Mitesh Pradhan

Event Management: Dibyajyoti Digidarshan and Subrat Barik

Volunteers from both +3 and +2 wings participated in performances showcasing Odia culture, festivals, village life, Sambalpuri dance, and South Indian mashups.



Meals

Throughout the day, volunteers were provided with breakfast, lunch, evening snacks, and dinner.

DAY 2 , 16.11.2025 (SUNDAY)

The events of the Second Day started with a Jumba session. Afterward, all the NSS volunteers along with the Programme Officers organized a public awareness rally. The rally commenced from Nimapara Autonomous College, proceeded through Block Chhak to Dolabedi Chhak, and finally concluded at the college campus.

During the rally, the volunteers actively spread awareness messages on various important social issues among the general public. They raised impactful slogans on road safety, cyber awareness, environmental protection, and other social concerns. Through their enthusiastic participation and disciplined conduct, the volunteers successfully made the awareness rally meaningful and effective.

All volunteers and respected Programme officer The details of teaching learning sessions by resource persons were as followed:

TEACHING LEARNING SESSIONS

Sri Golak Bihari Palai, DPO of NSS, Puri on the topic “Jagannath Culture & Literature”.

The session on “Jagannath Culture & Literature” aimed to promote awareness of Odisha’s rich cultural heritage associated with Lord Jagannath. Students learned about the unique traditions, rituals, art forms, and literary contributions rooted in the Jagannath cult. Sessions covered history, scriptures, devotional poetry, and sociocultural significance. Interactive discussions and presentations enhanced understanding of inclusiveness, universalism, and the spiritual ethos of Jagannath culture.



The initiative strengthened cultural appreciation, encouraged preservation of local heritage, and inspired students to explore classical literature and traditional values. Overall, the programme enriched cultural literacy and fostered pride in Odisha's timeless traditions. Sree Golak Bihari Palai, DPO of NSS, Puri on the topic "Jagannath Culture & Literature".



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Dr. Girish P Swain, Motivational Speaker & Development Consultant on the topic “Team-building for Leadership Development”.

Team-building for leadership development focuses on enhancing collaboration, communication, and problem-solving skills among participants. Through group activities, role-based tasks, and interactive exercises, individuals learn to trust one another, manage conflicts, and work towards common goals. These activities cultivate confidence, decision-making ability, and emotional intelligence—key qualities of effective leadership.

Team-building also encourages adaptability, accountability, and respect for diverse perspectives. By strengthening interpersonal relationships and creating a cooperative environment, the programme prepares participants to lead responsibly and efficiently in academic, professional, and community settings, ultimately fostering strong, goal-oriented leaders.



Madhusudan Das, on the topic "Youth Issues and Challenges".

The session on "Youth Issues and Challenges" addressed the diverse social, psychological, and educational concerns faced by young people today. Topics included mental health, substance abuse, peer pressure, unemployment, gender equality, digital addiction, and civic responsibilities. Through discussions, workshops, and awareness sessions, participants gained insight into coping strategies, life skills, and stress management techniques. The initiative encouraged critical thinking, responsible decision-making, and active participation in community development. By highlighting both opportunities and challenges, the programme empowered youth to navigate personal and societal pressures effectively, fostering resilience, self-awareness, and a proactive approach toward building a positive future.

Sri Satyashree Soumyakant Mohapatra, State Programme Coordinator, National Youth Project (NYP), on the topic "Youth Leadership". The session on "Youth Leadership" aimed to develop essential leadership skills among young participants, focusing on vision, communication, decision-making, and teamwork. Through workshops, interactive sessions, and group activities, students learned to identify challenges, motivate peers, and take responsibility for collective goals. The programme emphasized ethical leadership, problem-solving, and community engagement, fostering confidence and resilience. Participants were encouraged to cultivate empathy, inclusiveness,



and social responsibility, enabling them to lead effectively in academic, professional, and societal contexts. Overall, the initiative strengthened leadership potential, inspired proactive action, and prepared youth to contribute positively to community development and nation-building.

Mr. Manoranjan Sahoo, on the topic “Online Abuse & Youth”.

The session on “Online Abuse & Youth” focused on raising awareness about cyberbullying, harassment, and digital exploitation affecting young people. Participants learned about online safety, privacy protection, responsible social media use, and the psychological impact of digital abuse. Interactive sessions highlighted strategies for reporting, preventing, and coping with online threats. The initiative emphasized digital literacy, ethical online behaviour, and the importance of support systems, including peers, parents, and authorities. By educating youth on the risks and consequences of online abuse, the programme empowered them to navigate the digital space safely, build resilience, and promote a respectful and secure online environment.



DANCE AND SONG COMPETITION

With about 10 dancers participating, the dance competition focused on classical styles that honored both patriotic themes and respect for parents. Many participants showcased their talents in both singing and dance, making the event a true celebration of culture and artistry.

The singing competition saw around 12 participants delivering classical and patriotic songs, with many performers also dedicating pieces to their parents. The blend of themes and heartfelt performances created a moving and memorable event. And the judges were Silu sir the Choreographer, Panisha Nayak Mam PO of SCS Autonomous College and Iswor Chandra Nayak Sir PO of A.D Mahavidyalaya, Brahmagiri

Day 3:17.11.2025(Monday)

We began the final day of our camp with a refreshing morning yoga session. For about 45 minutes, participants engaged in guided yoga exercises that helped everyone start the day with calmness and energy. It was a peaceful and invigorating way to prepare for the activities ahead.

After yoga, we turned our attention to a campus cleaning drive. Over the next hour, all participants worked together to tidy up the Nimapara Autonomous Campus ground, promoting a clean and green environment and reinforcing our commitment to community service.



TEACHING LEARNING SESSIONS

Dr. Benudhar Senapati, Chairperson, Ruchika Social Service Foundation on the topic "Present Scenario of Sexual Offences against Children and Young People & POCSO Act".

The session on "Present Scenario of Sexual Offences against Children and Young People & POCSO Act" highlighted the increasing incidents of child sexual abuse and exploitation in contemporary society. Participants were educated on the legal framework provided by the Protection of Children from Sexual Offences (POCSO) Act, 2012, including reporting mechanisms, penalties, and child protection measures. The session emphasized awareness, early detection, and the role of adults and institutions in safeguarding children. Through discussions and case studies,



youth were encouraged to understand their rights, recognize abuse, and actively participate in creating a safe environment, reinforcing legal and social responsibility towards vulnerable children.

Smt. Puspita Rajguru, Former Principal, Nimapara Auto. College, on the topic “Bliss and Blissful Life.”

The session on “Bliss and Blissful Life” aimed to explore the concept of true happiness and ways to achieve a fulfilling life. Participants learned about the importance of mental well-being, positive thinking, mindfulness, gratitude, and emotional balance. Sessions highlighted the role of healthy relationships, self-awareness, stress management, and purposeful living in cultivating lasting joy. Through interactive discussions, reflective exercises, and practical strategies, students were encouraged to identify personal sources of happiness and develop habits that promote inner peace. The initiative inspired participants to lead a balanced, meaningful, and blissful life, contributing to overall personal growth and societal harmony.



A Three-Day District Level National Service Scheme (NSS) Programme was successfully organized at our college with the participation of NSS volunteers from different institutions. The programme aimed at promoting leadership, cultural activities, intellectual development, and the spirit of service among the youth.

As part of the programme, various competitions such as Quiz Competition, Debate Competition, Dance Competition, and Song Competition were conducted. The NSS volunteers of our college actively participated in these events and achieved remarkable success through their dedication, talent, and teamwork.

PRIZE DISTRIBUTION

Details of Prize Winners

Quiz Competition

1st Prize:

Aditya Dhanraj Singh (S.C.S. (A) College) 2nd Prize:

Subrat Rout (Nimapara Autonomous College), Akash Prasad Das (S.C.S. Autonomous College),

Ananya Tripathy (S.C.S. Autonomous College)

3rd Prize:

Swapnarani Bhuyan (Odia University),

Satya Ranjan Baral (B.J.B. Autonomous College)

Debate Competition

1st Prize:

Akash Prasad Das (S.C.S. Autonomous College)

2nd Prize:

Akash Kumar Mohapatra (Panchayat Degree College, Satapada)

3rd Prize:

Satya Ranjan Dash (Odia University)



Dance Competition:

1st – Aditi Mohanty (Nimapara Autonomous College)

2nd – Subhasmita Mohapatra (Hariswara Dev Vocational Science Degree College)

3rd – Akash Mohapatra (Hariswara Dev Vocational Science Degree College)

Song Competition:

1st – Priyasmrita Dash (Nimapara Autonomous College)

2nd – Swapnarani Bhuyan (Odia University)

3rd – Subhasmita Mohapatra (Hariswara Dev Vocational Science Degree College)

The performances of the volunteers reflected their creativity, confidence, and commitment to the ideals of NSS. The NSS Unit congratulates all the prize winners and participants and wishes them success in their future endeavours.





CAMP FIRE

After the formalities, we moved to a lively campfire. Students formed a circle around the warm, crackling fire, dancing and enjoying a DJ night under the stars. The atmosphere was electric, full of laughter and camaraderie, as everyone celebrated a successful camp.



